



# Sample Week Schedule



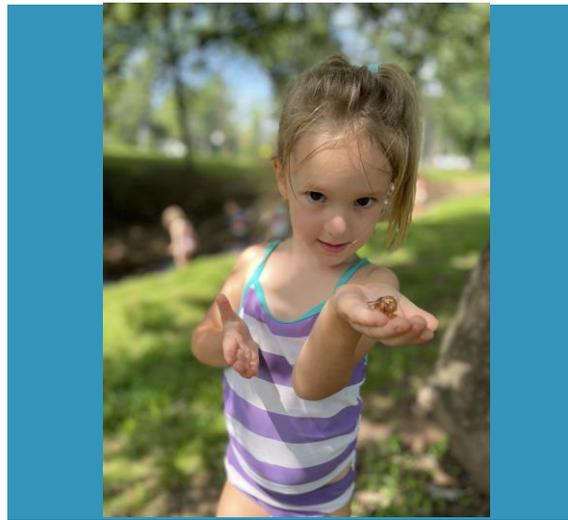
Monday	Tuesday	Wednesday	Thursday	Fridays
		Morning Arrival		
		Activity Block 1		
		Activity Block 2		
		Activity Block 3		
		Imagination Station/Playground Time		
		Lunch		
		Supervised/Unstructured Gym Time		
		Water Play		
		Imagination Station/Playground Time		
		Closing Circle		
		Dismissal		

# Sample Activities

\*Turn the page to see more!



- Stream Stomping
- Outdoor Discovery
- Max the Mini Horse
- Music with Miss Susan
- Yoga/Gymnastics/Dance
- Silly Science
- Theme Days
- Creations (Arts & Crafts)
- Games & activities with an Activity Leader
- Food Art
- Gym Time
- Pickleball with Jim
- Self Defense with Marty



## Stream Stomping/Outdoor Discovery

- Campers explore nature using their full array of senses. Our on-campus stream provides campers a chance to get their feet wet as they explore the many discoveries found in nature. We have many acres of green space and woods to pique and inspire their curiosity, and to explore how the world around us grows and changes each day.



# Max the Mini Horse

- During the summer, our campers are visited by a local celebrity: **Max the Mini Horse!** Campers get the opportunity to take rides in Max's carriage, feed him, and learn about how to care for an animal.



# Theme Days

- What is more fun than Halloween in the summer? What is more fun than coming to camp in your dress up and fancy clothing? Campers will experience various theme days at Little Buds that involve dress up. Past themes include dinosaurs, Halloween, Dress-up Day, Sports, and Olympics. Theme days are fun and build community and memories.



# STEM Boxes

- Campers are challenged to consider how things work and explore their own creative design. The benefits of learning spatial reasoning skills, fine motor development, team building skills, and cooperative learning unlock their curiosity through our staff lead and directed STEM boxes.



# Music with Miss Susan

- Miss Susan makes weekly visits to us at Little Buds to teach us music & movement, while we learn fun songs and experiment with how to play a variety of instruments. Be careful....her songs are catchy, and your Little Bud is bound to sing the songs in the car on the way home!



## Yoga/Gymnastics/Dance

- We have trained staff who teach students mindfulness, body control and movement through yoga. With a focus on body movement and control, space and safety, flexibility and fun, campers really enjoy the chance for self-expression through yoga, gymnastics, and dance.



# Silly Science

- Time to get our hands dirty! Be prepared for joyful, messy, and immersive fun when Silly Science is on the schedule!

- Campers learn what happens when science and creativity mix together. Have you ever wondered what happens when you mix ice, salt, and food coloring? Have you ever wondered how to make cup fireworks? Watch a volcano erupt?

Be prepared to be amazed!



# Creations

- Campers learn how to express themselves through various artistic mediums such as paint, markers, crayons, and pencils. They create art using different materials and sometimes even those found in nature. We have a dedicated career teacher who loves to illuminate the artistic expression found inside each camper.

# Movement with an Activity Leader

Camp Concepts employs dedicated Activity Leaders who facilitate our fun games and activities. Our Activity Leaders (most of whom are career teachers) are skilled facilitators and are able to adapt activities to fit all developmental abilities.



# Food Art

Campers explore how different ingredients are mixed to create delicious food. Campers learn how to measure ingredients, follow a recipe to create a culinary masterpiece. (They also learn how to clean up)





# Gym Time

- A very important time of supervised and creative play where campers may explore how their body moves using their gross motor and fine motor skills. Campers are still well supervised but their play unscripted. This type of free-play is an important developmental time for self and peer play.

# Pickleball with Jim

- Mr. Jim is a USTA certified instructor trained in both tennis and Pickleball. When you think of Pickleball, think of tennis but with smaller racquets and easier for your young campers. Campers are trained in the fundamentals of the sport while also learning persistence and how to encourage others to be their best.





# Self Defense with Mr. Marty

- Mr. Marty is certified self-defense training instructor who does an amazing job of teaching our campers (and staff) about personal safety and self-control.

# Imagination Station

Imagination Station is a magical play space where campers are supervised but where play is unscripted. With our collection of games and toys, campers engage in valuable time of creative play with peers.





# Water Play

- Daily water play in appropriately sized inflatable water equipment under the supervision of staff members. Slide down the water slide, play in the sand tables, but most importantly, play with friends! Campers always look forward to water play on warm summer days!



# Playground

- Campers have access to a playground full of slides, swings, and play area. Here imaginations come alive as friends make up games, swing side by side, or create an imaginary store in the sandbox. It's so much fun that campers never want to leave this space.



# Lunch

- Parents and campers love our full yummy lunch that is included in all of our camps. A kid-friendly daily entrée as well as options and sides of fruits and vegetables is not only nutritious but also a fun time to make friends. Chicken nuggets and hot dogs are always a hit!